

Name: Elizabeth Frasciello

Grade: 5th grade chorus

Title: Lion Sleeps Warm-Up

Musical Focus: concepts/skills to emphasize

- | | |
|---|---|
| <input type="checkbox"/> Playing instruments | <input type="checkbox"/> Timbre |
| <input checked="" type="checkbox"/> Singing | <input checked="" type="checkbox"/> Harmony |
| <input checked="" type="checkbox"/> Melody | <input type="checkbox"/> Creating |
| <input type="checkbox"/> Rhythm | <input type="checkbox"/> Movement |
| <input type="checkbox"/> Expressive Qualities | <input type="checkbox"/> Form |

Materials:

Drum

Visual of Solfege

Hooray For Singing! Part-Singing Adventures for Upper Elementary and Middle School by Robert de Frece

National Standard(s) Addressed:

- Singing, alone & with others, a varied repertoire of music
- Performing on instruments, alone & with others, a varied repertoire of music
- Improvising melodies, variations and accompaniments
- Composing & arranging music within specific guidelines
- Reading and notating music
- Listening to, analyzing, and describing music
- Evaluating music & music performances
- Understanding relationships between music, the other arts, & disciplines outside the arts
- Understanding music in relation to history and culture

Assessment:

- | | |
|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Written | <input type="checkbox"/> Informal |
| <input type="checkbox"/> Individual | <input type="checkbox"/> Performance |
| <input type="checkbox"/> Group | <input type="checkbox"/> Other: |

Preparation:

Sequence:

- Stretch
 - o Reach your hands all the way up in the air
 - Like you are petting a giraffe
 - o Let your harms hang down
 - Gently swing your arms back and forth
 - Let them hang
 - Like a big elephant trunk
 - o Without making a sound open your mouth as BIG as you can - be sure they understand silence is necessary
 - Like you are a lion roaring
 - Really stretch those face muscles
- Posture
 - o Tell me what's wrong - receive student corrections
 - Slouch over
 - Stand up too straight
 - Stand with chin up
 - o Pull string from the top of your head
 - Elongate body
 - Align spine
- Breath
 - o Take a low breath in
 - Who knows what a low breath is?
 - o Breath in - release on hiss
 - Hiss like a snake
 - Repeat with shorter breath and longer hiss
- Vocalize
 - o All sing part I
 - I. M, F, M, R
 - Hand signs
 - Keep beat in walking in place
 - Teacher keeps a beat on drum
 - o I'm going to do something to try and trick you
 - Chorus sings Part I
 - Sing Part II: D, D, D, T with them
 - Echo Part II
 - o Do we remember Part I?
 - Sing as group
 - o Do we remember Part II?
 - Sing as group
 - o Split choir: Half sing part I, half sing part II
 - o Let's change the words - "A wimoweh, a wimoweh..."
 - o Switch parts - teacher can quietly sing melody above
 - o Close to hum - fade to nothing

Lesson Critique: